

2025

**M.Sc. 1st Semester Examination**  
**FOOD SCIENCE AND NUTRITION**

**Paper : FSNO409VC**

**[Indian Knowledge System (IKS)]**

Full Marks : 25

Time : One Hour

*The figures in the margin indicate full marks.  
Candidates are required to give their answers  
in their own words as far as practicable.*

**Group - A**

Answer any *two* questions :  $2 \times 2 = 4$

1. What are the ancient education centres in Indian subcontinent?
2. Name are the core ancient paths of yoga?
3. What are the types of ancient sports in India?
4. Define food taboo?

**Group - B**

Answer any *two* questions :  $4 \times 2 = 8$

5. Describe the salient features of ancient education system.

P.T.O.



( 2 )

6. Briefly describe the Importance of Indian Knowledge Systems in NEP 2020.
7. What are the goals of Indian Alchemy?
8. Write about two ancient fermented foods and their benefits.

**Group - C**

Answer any *one* question :  $8 \times 1 = 8$

9. Write about the three Doshas of Ayurveda. Illustrate your idea about Charak Sushruta.  $3+5$
10. Folk foods are considered as natural medicines : justify this. Write a brief note on different tribal cuisine in West Bengal region.

**Internal Assessment : 5 marks**

