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B.Sc./5th Sem/NUT/25(NEP)

2025

5th Semester Examination (CCFUP : NEP)

NUTRITION

Paper : MJ 9-T (Single Core Major)

(Clinical Diet-Therapy-I)



Full Marks : 40

Time : Two Hours

The figures in the margin indicate full marks.

*Candidates are required to give their answers
in their own words as far as practicable.*

Group - A

Answer any *five* questions : 2×5=10

1. Write down the differences between Type-I and Type-II Diabetes.
2. What do you mean by polyuria and nocturia?
3. Why fat substitutes are given to patients?
4. Write the importance of DASH diet.
5. What do you mean by 'Mediterranean diet'?
6. What is angina pectoris?
7. Why is HDL called good Cholesterol?

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8. What do you mean by POCT for glucose at home.

Group - B

Answer any *four* questions : 5×4=20

9. What is atherosclerosis? Enumerate the modifiable risk factors that increase the risk for developing heart disease. 1+4
10. Write the acute complications of diabetes. Define OHA. 3+2
11. What is the causative factor in hypertension? Discuss the sodium restriction in diet depending on severity of hypertension. 2+3
12. Write down the dietary management of Diabetes Mellitus.
13. Define GFR. State about the dietary management of uremia. 2+3
14. Discuss briefly on dietary management of chronic renal disease.

Group - C

Answer any *one* question : 10×1=10

15. What is hyperkalemia? Discuss the dietary management of Atherosclerosis. Discuss the causes of hyperlipidemia. 2+5+3



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16. Write the composition's of Kempner's diet. Write short note on National Cholesterol Education Programme (NCEP) guidelines. Give a specific dietary outline in few words for a patient suffering from diabetic nephropathy. 3+5+2

