

**One Day National Seminar
on
Empowering Higher Education
in the Light of NEP 2020**

10th May, 2024

Organised by:
Department of Humanities (Education)



Venue:



Dr. A.P.J. Abdul Kalam Memorial Hall

MIDNAPORE CITY COLLEGE

Bhadutala, Midnapore, Paschim Medinipur, Pin- 721129, West Bengal, India

www.mcconline.org.in



One Day National Seminar
on
**“Empowering Higher Education
in the Light of NEP 2020”**

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SOUVENIR

Organised by



Department of Humanities (Education)

MIDNAPORE CITY COLLEGE

(Recognised by UGC, Govt. of India & Affiliated to Vidyasagar University and
West Bengal University of Health Sciences)

Midnapore, Paschim Medinipur, Pin- 721 129, West Bengal, India

www.mcconline.org.in | director@mcconline.org.in

Organising Committee

Chief Patron:	Dr. Pradip Ghosh Founder Director.
Patron:	Dr. Sudipta Chakrabarti Principal.
Co Patron:	Dr. Kuntal Ghosh Vice-Principal.
Convenor:	Mr. Prasanta Kumar Ghata (Assistant Professor of Education) Dept. of Humanities.
Organizing Secretary:	Mr. Jagannath Samanta (Assistant Professor of Education) Dept. of Humanities.
Joint Organizing Secretary:	Mr. Samar Das (Assistant Professor of Education) Dept. of Humanities.
Other Members of Organizing Committee:	Dr. Rajkumar Bera (Assistant Professor of English) Dept. of Humanities. Dr. Arpita Raj (Assistant Professor of English) Dept. of Humanities. Dr. Sharmila Roy (Assistant Professor of English) Dept. of Humanities. Mr. Abhishek Chakraverty (Assistant Professor of English) Dept. of Humanities. Mr. Biswadeb Rajbanshi (Assistant Professor of English) Dept. of Humanities. Mr. Biswajit Mallick (Assistant Professor of History) Dept. of Humanities. Mr. Somnath Rana (Assistant Professor of History) Dept. of Humanities. Dr. Rakesh Jana (Assistant Professor of Bengali) Dept. of Humanities. Mr. Abhi Koley (Assistant Professor of Bengali) Dept. of Humanities. Mr. Swapan Hazra (Assistant Professor of Bengali) Dept. of Humanities.
Treasurer:	Mr. Abhishek Das (Assistant Registrar) Administrative Dept. Mr. Soumen Ghosh (Assistant Professor of Education) Dept. of Humanities.
Conveners for Refreshment and Transport:	Mrs. Moumita Roy (Cashier) Administrative Dept. Mr. Haru Patra (Office Assistant) Administrative Dept.

Programme Schedule

One day National Seminar on “*Empowering Higher Education in the Light of NEP 2020*”

Date: 10th May 2024.

Venue:

**Midnapore City College
Dr. A. P. J. Abdul Kalam Memorial Hall**

Programme Schedule	
09:00 am	: Spot Registration (Light Tiffin With Tea)
10.00 am	: Welcoming dignitaries
10.05 am	: Opening Dance (Bharatnatyam classical Dance(song-Chandrachooda siva sankara Parvati..))
10.10 am	: Lighting the lamp of inauguration
10.15 am – 11.30 am	: Welcome address by Dr. Kuntal Ghosh, Vice-Principal, Midnapore City College.
10.30 am	: Presidential Address by Dr. Pradip Ghosh, Founder Director
10.40 am - 11.40 am	: Key Note Address by Prof. Hrushikesh Senapaty, Professor, Dept. of Education, RIE- Bhubaneswar (NCERT) on “Empowering Higher Education in the Light of NEP 2020”.
11.40 am - 12.40 pm	: Invited Lecture – I (11.40 am to 12.40 pm) Prof. Vimal Kishor, Head, Department of Education, Central University of Jharkhand.
LUNCH BREAK (12:40 – 02: 20 pm)	
02.20 pm - 03.20 pm	: Invited Lecture – II (02.20 pm to 03.20 pm) Prof. (Dr.) Jyoti Sankar Pradhan , Prof & Head, Dept.of Education, Fakir Mohan University, Odisha.
03.20 pm	: Oral Presentations (03.20 pm to 03.40 pm)
03.40 pm	: Poster Presentations (03.40 pm to 04.00 pm)
04:00 pm	: Award Ceremony of_Oral Presentations & Poster Presentations.(04:00 - 04:15 pm)
04:15 pm	: Valedictory programme (04:15 – 04:30 pm)
04:30 pm	: Certificate Distribution Ceremony (04:30 -05: 00 pm)

ABOUT THE COLLEGE

MIDNAPORE CITY COLLEGE, the first self-financing General Degree College in the South Bengal region within the state of West Bengal, has been established by MORAINÉ HUMAN RESOURCE DEVELOPMENT ORGANISATION, a registered society bearing registration S/1L/31682 on dated 02.09.2005 having its office at Aparnapalli, Satbankura, Paschim Medinipur with the sole aim to help the people as per notification of Higher Education Department, Govt. of West Bengal bearing No: W.B (Part-I)/2015/SAR-458 dated 23rd day of September, 2015 published in Kolkata Gazette and subsequent No Objection was issued to this college through the order No.197-ILC/OM-58L/2017 dated 18.07.2017 on the basis of which Vidyasagar University also extended the affiliation by its memo No: VU/R/ Circular /8EC-10/ C0383/ 2017 dated 05.09.2017 and VU/IC/BMLT/MCC/017/2019 dated 29.01.2019. The college is also recognized under section 2(f) by UGC, Govt. of India bearing File No: 8-1/2018(CPP-I/C) dated 18.01.2018 for conducting different Under Graduate and Post Graduate programmes in the faculty of Arts and Science and Allied Health Science from the academic session 2017-18. The college is located at educationally backward and rural area in the district of Paschim Medinipur within the state of West Bengal and most of our students belong to socially and economically backward sections of society. The sole aim of MORAINÉ HUMAN RESOURCE DEVELOPMENT ORGANISATION is to serve people by imparting quality education and research to the society. The institution has received recognition from Department of Scientific Industrial Research (DSIR) Govt. of India as Scientific and Industrial Research Organisation (SIRO) bearing F. No.11/762/2018-TU-V dated 26th November,2018. The institute is recognised under The Directorate of Medical Education, Government of West Bengal (ME/MISC-85-2020/M/1720/1(2) dated 13.11.2020, ME/MISC-85-2020/M/2018/1(2) dated 30.12.2020, ME/MISC-85-2020/M/167/1(2) dated 20.01.2021, ME/MISC-85-2020/M/168/1(2) dated 20.01.2021, ME/MISC-85-2020/M/169/1(2) dated 20.01.2021, ME/MISC-85-2020/M/170/1(2) dated 20.01.2021) and it is affiliated to The West Bengal University of Health Sciences, West Bengal (OG/WBUHS/2020-21/1328 dated 25.01.2021, OG/WBUHS/2020-21/1672, OG/WBUHS/2020-21/1673, OG/WBUHS/2020-21/1674, OG/WBUHS/2020-21/1675 dated 23.03.2021). The institute believes that excellent teaching can produce better students and thereby helping the institute to emerge as a centre of excellence.

Professor Susanta Kumar Chakraborty

Vice-Chancellor
Vidyasagar University
Midnapore - 721102
West Bengal, India



VIDYASAGAR UNIVERSITY
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Date: 18.04.2024

MESSAGE

It is heartening to note that Midnapore City College, Paschim Medinipur is going to organize a one-day National Seminar on *Empowering the Higher Education in the Light of NEP 2020* on May 10, 2024.

I commend this collective endeavour and wish the confluence a great success.

I extend my greetings and good wishes on the occasion.

(Professor Susanta Kumar Chakraborty)

Dr. Pradip Ghosh,
Director,
Midnapore City College,
Kuturiya, Bhadutala,
Paschim Medinipur – 721 129



VIDYASAGAR UNIVERSITY

P.O. : Vidyasagar University, Midnapore - 721 102, Dist.: Paschim Medinipur,
West Bengal, INDIA.

Dated : 19.04.2024.

MESSAGE

I am delighted to learn that the Midnapore City College, Kuturiya, Bhadutala, Paschim Medinipur is going to publish an Abstract Book on the eve of organizing a one day National Seminar on "Empowering the Higher Education in the Light of NEP 2020" on 10th May, 2024 in the college premises. I extend my warmest wishes to the college authority, the Organising Secretary of the national seminar and other associate members of the Organising Committee for taking necessary steps to publish such an Abstract Book on that occasion for this purpose.

I hope that the programme for publication of Abstract Books and also the National Seminar on "Empowering the Higher Education in the Light of NEP 2020" will be a grand success.



(Dr. J. K. Nandi)

Registrar.

Registrar
VIDYASAGAR UNIVERSITY
Midnapore-721102, W.B.

To
(1) Dr. Pradip Ghosh
Director
(2) Mr. Jagannath Samanta
Organizing Secretary of the National Seminar
Midnapore City College
Kuturiya, Bhadutala,
Dist. : Paschim Medinipur,
Pin : 721 129,
West Bengal.

Dr. Hrushikesh Senapaty

Professor of Education,
Regional Institute of Education, Bhubaneswar (Odisha) and
Former Director, NCERT, New Delhi



It gives me immense pleasure to learn that the Midnapur City College, Kuturiya, Bhadutala is going to bring out a 'SOUVENIR' on the eve of the National Seminar on “Empowering Higher Education in the Light of NEP 2020” being organized by the college on May 10, 2024. The theme of the seminar is of paramount importance in the context of the recommendations of NEP 2020 to bring about transformative reforms in the key aspects of Indian Higher Education system with the lofty aim to develop good, thoughtful, well-rounded, and creative individuals. The Higher Education system of the country, I am sure, will be empowered consequent upon the implementation of the suggested reform, inter alia transformation of the regulatory system, strengthening of research and institutional governance, restructuring and consolidation of educational institutions, moving towards more holistic and multidisciplinary education, establishment of world-class universities and HEIs in the light of Nalanda and Takshila universities of ancient India, revamping the curriculum, pedagogy, assessment, and student support mechanism. It is expected that an empowered higher education system consequent upon the full implementation of the policy would significantly contribute towards sustainable economic development of the country; and lead the country towards becoming a vibrant knowledge superpower in the years ahead.

I congratulate the college management for their initiatives to organize the seminar and hope that the seminar would provide a platform to academia including teachers, researchers and research scholars from different parts of the country to deliberate on the emerging issues and challenges associated with Indian higher education. I further hope that the organizing committee of the seminar would bring out a report on the aspects of deliberations which would serve as a guide to the implementers of NEP 2020.

I wish the seminar a success.

Dr. Hrushikesh Senapaty

Dated: May 06, 2024

Message from the President
MIDNAPORE CITY COLLEGE



Being the founder president of Moraine Human Resource Development Organisation, the idea of opening the first self-financing general degree college in south Bengal first came to my mind. The college is an epitome of our noble thoughts. **"Midnapore City College"** is not only just a college; but also we are a **COMMUNITY**. From your first day at Midnapore City College, you will meet people who will support, inspire, and challenge you to be the best person. Because of our uniqueness, we can promise that when you will leave, you will be experienced with tremendous growth. You will be developed into a new, more advanced and self-assured version of yourself.

At MCC, we feel proud of ourselves of our reputation for being a "caring college". Our faculty and staff are dedicated to help students to achieve their goals. They will work with you daily to ensure a successful educational experience. Our students are equally as welcoming and warm-hearted. They offer an environment of support, encouragement and friendship like no other.

As an accredited institution, uniquely aligned with business and industry, we also feel proud of ourselves for being a centre for academic excellence. Once you begin at Great Bay, you will be exposed to a rigorous learning experience both in and out of the classroom. We will make you face challenge like never before, but the award will be a presentation of better you. Get inspired and control your destiny.

Midnapore City College is uniquely capable to answering this call, of speaking to this world. As an institution of higher education, Midnapore City College is committed to the discovery and transmission of knowledge. It also seeks to integrate excellence and distinctive commitment among the students.

As a President of Midnapore City College, I am conveying the message to all of my delegates, students and all the academic personalities. I am assuring you that by this One Day National Seminar on **"Empowering Higher Education in the Light of NEP 2020"** on 10th May, 2024 at **MIDNAPORE CITY COLLEGE**. It is indeed a privilege to convene experts, researchers, practitioners, and policymakers to deliberate of the most pressing issues of our time.

Thank you. All the best.

Smt. Sukrita Ghosh
President
Midnapore City College

Message from the Vice-President

MIDNAPORE CITY COLLEGE



The starting of college life from school life is a very big step in life. Students have put in so much hard work in public exams, spent sleepless nights, earned a rewarding score, and with the blessings of parent/guardian, students have joined the chosen stream of education to realize the life-ambition and set the foundation for future. By choosing to create a future for themselves from our institution means that we, the teachers and the management of Midnapore City College are also responsible for their successful graduation and growth.

It is their career path that have now embarked upon, which will be a remarkable journey in itself that will prepare them for a life beyond college. We hope to make students journey with us, engaging, encouraging and enlivening as ever, for them to grow as a thorough individual, ready to take on life as an adult. We pray and will work with all the students to see them become one with the society where their contribution will make a definite difference to our world. As I mentioned earlier, the learned staff and the ever-accessible management is there to guide them through and help for nurture their dreams and fulfil them - by empowering to realize a true potential.

This is a great occasion to show our care for the One Day National Seminar on “**Empowering Higher Education in the Light of NEP 2020**” on 10th May, 2024 at **MIDNAPORE CITY COLLEGE**. This national seminar is placing a strong emphasis on encouraging interdisciplinary study, offering novel subjects, and giving students access to new opportunities and flexible course options.

Best wishes.

Mrs. Anindita Ghosh
Vice-President
Midnapore City College

Message from the Chairman

MIDNAPORE CITY COLLEGE



The One Day National Seminar on “**Empowering Higher Education in the Light of NEP 2020**” is a very important event for all the academic fraternity, as it will provide us with key insights and in-depth information for the establishment of a National Research Foundation, a National Forum on Educational Technology, and more higher education institutions around the nation. The goal of this topic is to develop a comprehensive, adaptable education system that can meet the demands of the 21st century.

I would also like to welcome all of the faculties, researchers, students and other participants to remain actively attached to the knowledge and experience, sharing sessions of this national seminar.

As a Chairman of this College, I assure you that college will provide and assist all the students to achieve their goals. In Midnapore City College (MCC), students will have a quality of life that's very high and different, in academic pursuits for seeking professional excellence that will enrich and make efficient, confident and successful person in life. It will be more glorified by this national seminar.

I can foresee that the seminar will definitely stimulate new thoughts in the young minds. Academic and research fraternities will be definitely benefitted by the healthy exchange of scientific thoughts from the scholarly deliberations. I am confident enough that this seminar will be a platform of knowledge gathering and sharing the structures on higher education system with respect to NEP 2020 emphasizes on an education that increases creativity and innovation, critical thinking and higher-order thinking capacities, problem-solving abilities, teamwork, communication skills, greater in-depth learning and mastery of curricular across fields, social and moral awareness, and other 21st century skills.

Wish you all the best.

Thank you again.

Prof. Pravas Ghosh

Founder Chairman

Midnapore City College

Message from the Director

MIDNAPORE CITY COLLEGE



On behalf of Midnapore City College, I extend a warm welcome to all the participants of the **One Day National Seminar on Empowering Higher Education in the Light of NEP 2020, on 10th May 2024**. It is indeed a privilege to convene experts, researchers, practitioners, and policymakers to deliberate of the most pressing issues of our time.

As we gather to discuss about the National Education Policy (NEP) 2020 is a comprehensive framework aimed to transforming the education system in India. Empowering higher education refers to providing institutions, faculty, and students with the resources, support, and opportunities needed to excel and make a meaningful impact.

This empowerment can take various forms, including autonomy, granting higher education institutions, the freedom to make decisions regarding curriculum, administration, and resource allocation & enabling them to adapt the changing needs and circumstances, resources, quality enhancement, access and equity, innovation and research, technology integration, global engagement, facilitating international collaborations, exchange programs, and partnerships to promote cross-cultural understanding, knowledge sharing, and academic excellence.

Throughout this seminar, we enlighten to foster dialogue, to share knowledge, and to explore strategies that can contribute to building resilience and sustainability in the higher educational ecosystem. We will delve into topics such as holistic and multidisciplinary education, fostering research and innovation, ensuring equitable access and inclusion, enhancing the quality of teaching and learning, integrating technology for effective education delivery, promoting autonomy and accountability among higher education institutions, ensuring flexibility in curriculum and pedagogy. Through the insightful discussions, case studies, and best practices, we hope to generate actionable recommendations and pathways for achieving our collective goals.

I encourage all the participants to actively engage in the sessions, to share your experiences, and contribute your expertise towards identifying practical solutions that can be implemented at various levels. Let us seize this opportunity to learn from each other, inspire positive change, and forge meaningful collaborations which will pave the way for a more resilient and prosperous future in higher education.

I extend my sincere gratitude to the organizing committee, sponsors, and partners for their valuable support to make this seminar possible. Together, let us embark on this journey towards empowering higher education in the Light of NEP 2020, knowing that our collective efforts today will shape the well-being of generations to come.

Thank you, and I look forward to fruitful discussions and outcomes.

I wish for the grand success of the seminar.

Warm regards,

Dr. Pradip Ghosh

Founder Director, Midnapore City College

Message from the Principal

MIDNAPORE CITY COLLEGE



A very warm welcome to all the participants in the **One Day National Seminar on “Empowering Higher Education in the Light of NEP 2020”, on 10th May 2024** at MIDNAPORE CITY COLLEGE. The college has been functioning with a noble vision and mission clearly for reflecting its social responsibility and commitment to nation enrichment. The institution provides effective and efficient support and facilities to academic mission and maintains a supportive environment for all the stakeholders of this institute by this national seminar held in the rural area of Midnapore (*Junglemahal*).

This seminar will provide a platform for scholars, researchers and students to come together and exchange their ideas, sharing knowledge and findings related to Higher Education in the Light of NEP 2020. This exchange fosters intellectual growth and contributes to the advancement of knowledge in the field of higher education.

Higher education plays an extremely important role in promoting human as well as societal well-being and in developing India as envisioned in its Constitution - a democratic, just, socially- conscious, cultured, and human nation upholding liberty, equality, fraternity, and justice for all. Higher education significantly contributes towards sustainable livelihoods and economic development of the nation. As India moves towards becoming a knowledge economy and society, more and younger Indians are likely to aspire for higher education.

This entails practices numerous benefits, both for individuals and society as a whole, such as personal growth, career advancement, economic development, social mobility, civic engagement, cultural enrichment, health and well-being and lifelong learning.

Together, these approaches not only protect higher educational ecosystem but also far-reaching benefits that extend beyond the individual, positively impacting society as a whole in the various ways of advancement of learning.

It is my hope that the seminar will stimulate a thoughtful dialogue. We will all be benefitted with the healthy exchange of ideas. I hope the deliberations during the national seminar will definitely bring the key for sustainable development goal issues and targeted recommendations for policy makers for empowering the higher education.

Thank you.

Best wishes,

Dr. Sudipta Chakrabarti

Principal, Midnapore City College

Message from Vice-Principal
MIDNAPORE CITY COLLEGE



It is a matter of great pleasure for me to welcome you all to the **One Day National Seminar on “Empowering Higher Education in the Light of NEP 2020”, on 10th May 2024** at MIDNAPORE CITY COLLEGE. This seminar will help to build-up a sense of community among the academicians, researchers and scholars. They provide opportunities for exchange there ideas, sharing knowledges, collaboration, and mentorship, which are essential for fostering a supportive academic environment and for the development of emerging scholars.

National Education Policy 2020 is the first education policy of the 21st century and aims to address many growing developmental imperatives of our country. This Policy proposes the revision and revamping of all aspects of the education structure, including its regulation and governance, to create a new system that is aligned with the aspirational goals of 21st century education, including building upon India's traditions and value systems. The National Education Policy 2020 in particularly emphasis on the development of the creative potential of each individual. The rich heritage of ancient and eternal Indian knowledge and thought have guided light for this Policy.

Empowerment in higher education yields numerous benefits, both for individuals and society as a whole. Overall, the empowerment of higher education has far-reaching benefits which extend beyond the individual, positively impacting society as a whole in various ways.

I welcome you all to Midnapore City College and hope that this seminar will act as a medium for all of us present here to ponder upon the topic for discussion, challenge us to strive towards it and inspire us at the same time.

Thank you.

Best Wishes,

Dr. Kuntal Ghosh

Vice-Principal, Midnapore City College

Message from Convenor



I express my sincere gratitude to the august gathering of all the participants and want to grab the opportunity to welcome you all in the **One Day National Seminar on Empowering Higher Education in the Light of NEP 2020, on 10th May 2024** at MIDNAPORE CITY COLLEGE. The objectives of organizing this national level academic event is to share and enhance the knowledge of each and every individuals attached in the field of educational system.

Education is fundamental for achieving the full human potential, developing an equitable and just society, and promoting national development. This National Education Policy 2020 is the first education policy of the 21st century and aims to address many growing developmental imperatives of our country. This Policy proposes the revision and revamping of all aspects of the education structure including its regulation and governance to create a new system that is aligned with the aspirational goals of the 21st century education. The rich heritage of ancient and eternal Indian knowledge and thought has been a guiding light for this Policy.

The National Education Policy (NEP) 2020 is a comprehensive framework aimed at transforming the education system in India. It replaces the previous education policy, which was formulated in 1986 and revised in 1992. The NEP 2020 encompasses in all levels of education. The new education policy seeks to transform the Indian education system to meet the needs of the 21st century and prepare students to thrive in a rapidly changing world.

Overall, empowering higher education refers to providing institutions, faculty, and students with the resources, support, and opportunities needed to excel and make a meaningful impact. This empowerment can take various forms, including autonomy, granting higher education institutions, the freedom to make decisions regarding curriculum, administration, and resource allocation, enabling them to adapt to changing needs and circumstances, resources, quality enhancement, access and equity, innovation and research, technology integration, global engagement, facilitating international collaborations, exchange programs, and partnerships to promote cross-cultural understanding, knowledge sharing and academic excellence. By empowering higher education, societies can unlock the full potential of individuals and institutions, driving socio-economic development, innovation, and progress.

I want to extend my greeting to all the speakers, participants, members of organizing committee and other contributors for their sparkling efforts and enormous support.

Best wishes,

Mr. Prasanta Kumar Ghata

HOD & Convenor of the National Seminar

Department of Humanities

Midnapore City College

Message from Organizing Secretary



It is my great pleasure that I can extend a heartfelt welcome to all the participants of the **One Day National Seminar on Empowering Higher Education in the Light of NEP 2020, on 10th May 2024** at MIDNAPORE CITY COLLEGE. As the Organizing Secretary, I am thrilled to see the culmination of our collective efforts in bringing together the experts, scholars, and practitioners to address one of the most pressing challenges of our time.

The theme of this seminar is focusing on empowerment in higher education. Empowerment in higher education yields numerous benefits, both for individuals and society as a whole, such as personal growth, career advancement, economic development, social mobility, civic engagement, cultural enrichment, **health and well-being in lifelong learning**.

Over the course of this seminar, we will delve into various dimensions of new education policy - 2020 such as holistic and multidisciplinary education, fostering research and innovation, ensuring equitable access and inclusion, enhancing the quality of teaching and learning, integrating technology for effective education delivery, promoting autonomy and accountability among higher education institutions, ensuring flexibility in curriculum and pedagogy. Through engaging presentations, discussions, and interactive sessions, we aim to foster knowledge exchange, stimulate critical thinking, and catalyze actionable strategies for Empowering Higher Education in the Light of NEP 2020.

I urge all participants to actively participate in the sessions, share your insights, and engage in fruitful discussions. Your contributions are too valuable in shaping the discourse and charting a course towards sustainable and resilient futures in higher education.

I extend my sincere appreciation to all the organizing committee members, sponsors, and partners for their unwavering support and dedication in making this seminar a reality. Together, let us embark on this journey of exploration, learning, and collaboration, with the shared vision of creating a more comprehensive, sustainable, equitable and holistic education for future generations.

Thank you for your participation, and I look forward to meaningful interactions and outcomes.

Warm regards,

Mr. Jagannath Samanta

Organizing Secretary and Assistant Professor of Education

Department of Humanities, Midnapore City College

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TRANSFORMATIVE PEDAGOGY: INNOVATIONS AND STRATEGIES FOR ENHANCING TEACHING AND LEARNING QUALITY

Prof. Vimal Kishor

Head, Department of Education, Central University of Jharkhand, Cheri-Manatu, Kanke, Ranchi-
835222.

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ABSTRACT

In the pursuit of quality education, the efficacy of teaching and learning methodologies is paramount. This article explores transformative pedagogy, focusing on innovative approaches to elevate teaching and learning quality. Through examination of teacher training, curriculum design, technology integration, assessment practices, and inclusive education, pathways towards a dynamic and inclusive educational landscape are illuminated.

Teacher training and professional development are foundational. Continuous learning, mentorship, and exposure to best practices nurture proficient educators capable of inspiring learners. National mentorship programs and innovative teaching methodologies integration enhance teaching quality.

A multidisciplinary curriculum fosters holistic development and deeper understanding. Real-world applications, project-based learning, and experiential activities enhance engagement and critical thinking. Flexible frameworks accommodate diverse learning styles and interests, promoting inclusivity and equity. Technology integration enriches learning experiences. Digital platforms, multimedia resources, and interactive tools facilitate personalized instruction and digital literacy, essential for responsible citizenship.

Assessment practices shift towards formative approaches, offering timely feedback and scaffolding learning. Competency-based assessments focus on higher-order thinking and real-world application, transcending rote memorization. Diverse assessment modalities foster inclusive environments. Inclusivity lies at the heart of quality education. Embracing diverse perspectives and experiences through Universal Design for Learning principles and support mechanisms ensures equitable opportunities for all learners. Collectively, these strategies and innovations pave the way for a dynamic, inclusive, and empowering educational ecosystem. As we navigate the complexities of the 21st century, let us embark on this transformative journey, driven by the vision of nurturing lifelong learners equipped to thrive in an ever-changing world.

PARENTAL INVOLVEMENT AMONG TRIBAL AND NON-TRIBAL GIRLS STUDENTS: IMPLICATIONS FOR LEARNING ENVIRONMENT

Tanmoyee Bhattacharjee

Doctoral Research Scholar, PG Department of Education, Fakir Mohan University, Vyasa Vihar,
Balasore – 756019, Odisha, India

&

Dr. Jyoti Sankar Pradhan

Professor & Head, PG Department of Education, Fakir Mohan University, Vyasa Vihar, Balasore –
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ABSTRACT

Admission and effective engagement in university or college hinge on having a robust academic performance in high school, possessing necessary study skills and demonstrating a commitment to persist in the chosen course of study. Facilitating access to post-secondary education necessitates parents implementing extended educational planning and preparation strategies. This shift calls for increased parental responsibility regarding the academic engagement and success of their children. The transformed collaboration between home and school demands heightened parental participation in the school's extracurricular activities and the creation of a home learning environment (HLE) that aligns with the efforts of the classroom teacher. In this background the present study aims to explore the nature of Parental Involvement among tribal and non-tribal girl's students of Paschim Medinipur District, West Bengal. Descriptive survey method and a self-developed standardized Parental Involvement Scale has been used on a sample of 740 class IX students comprising 360 Tribal and 380 Non-tribal Girls students. Purposive sampling was used for selecting 10 tribe-dominated blocks of Paschim Medinipur district. The study revealed that there exist significant differences among tribal and non-tribal girls students with respect to their parental involvement across various domains of Parental Involvement and also among different blocks of Paschim Medinipur district with Chandrkona I, Garbeta I, Garbeta II, Keshiari, Midnapore Sadar exhibiting higher Parental Involvement. The study suggests increased parental involvement of tribal students and more communication between school and parents for fostering a strong learning environment by creating a supportive and conducive atmosphere for learning.

Keywords: Home Learning Environment (HLE), NEP-2020, Parental Involvement, Tribe.

NEP-2020: LEAPING INTO THE INNOVATION AND TRANSFORMATION OF INDIA'S HIGHER EDUCATION SYSTEM

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ABSTRACT

With the aim of providing quality education and developing thoughtful, creative and well-rounded individuals, the present Government approved the New Education Policy (NEP-2020) nearly after three decades, based on the recommendations of Kasturirangan committee. This study specifically focuses on various innovations and predicted implications of NEP-2020 on the India's higher education system. This new education policy aims to provide college education, more holistic, resilient and transforming India into a knowledge based vibrant society and global superpower. It will help the students to study any particular area in an in -depth manner and develop moral, character as well as constitutional values, scientific temper, intellectual curiosity and creativity. It also includes multidisciplinary and holistic education, institutional autonomy, nurturing quality research through National Research Foundation, ceaseless professional development of teachers, internationalization of higher education, engaging blended learning, blended assessment and promotion of vernacular languages. Further, multiple entry and exit options will make education system more flexible. The researcher collected data from diverse sources, including journals, publications, reports, and websites. The Findings of the study will provide insights into changing course of higher education sector and comparing them with the previously adopted education policy. Finally, some constructive suggestions are proposed, which will enable effective implementation towards meeting its objectives.

Keyword: National Education Policy, Higher Education, Holistic Development, Blended.

‘U’-LEARNING IN THE NEW EDUCATION POLICY-2020: PROS AND CONS

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ABSTRACT

We find ourselves amidst a period of swift and unprecedented climate change. As science and technology evolve, they are reshaping the dynamics between educators and learners, influencing their social interactions. Globalization further accelerates the transformation of educational norms, posing fresh challenges to teacher training institutions as new technologies emerge. Educators are acutely attuned to this paradigm shift and are leveraging current technological trends to adapt. One such trend is 'U'-learning, or ubiquitous learning, which is described as both widespread and enduring, offering students flexible and serene access to education.

Objectives: This paper aims to delve into the pros and cons of u-learning in the context of teacher education in India. Additionally, it seeks to assess the efficacy of u-learning technology within the framework of the current new education policy

Methodology: This study is based on secondary sources like book articles, journals, websites, expert opinions etc. The method is based on descriptive method.

Findings and conclusions: Consequently, the potential of u-learning lies in its ability to offer expanded learning content and foster collaborative learning environments that are accessible anytime, anywhere, and in any format. Consequently, students can enhance their cognitive abilities and be motivated towards self-paced learning.

Keywords: Ubiquitous, Self -Paced Learning, Current Technological Trends.

PROMOTING AUTONOMY AND ACCOUNTABILITY AMONG HIGHER EDUCATION INSTITUTIONS IN RESPECT OF NEP-2020

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ABSTRACT

The National Education Policy (NEP) of 2020 in India aims to revolutionize the higher education landscape by emphasizing autonomy and accountability among educational institutions. This abstract explores the strategies and mechanisms for promoting autonomy and accountability in alignment with NEP-2020.

The NEP-2020 encourages higher education institutions to function autonomously, enabling them to make decisions regarding curriculum design, faculty recruitment, student admissions, and administrative policies. This autonomy empowers institutions to innovate, adapt, and respond to the evolving needs of the education sector, fostering a culture of academic excellence and innovation.

However, with autonomy comes the responsibility of accountability. NEP-2020 emphasizes the need for higher education institutions to maintain transparency, integrity, and efficiency in their operations. Institutions are required to establish robust internal quality assurance mechanisms, regularly assess their performance, and adhere to national quality standards.

To promote autonomy and accountability, NEP-2020 advocates for the establishment of regulatory frameworks that balance institutional freedom with regulatory oversight. It encourages the formation of autonomous accreditation bodies to assess and monitor the quality and performance of higher education institutions objectively.

Moreover, NEP-2020 emphasizes the importance of fostering a culture of academic freedom, critical thinking, and research excellence within higher education institutions. It calls for the creation of conducive environments that encourage intellectual inquiry, interdisciplinary collaboration, and knowledge dissemination.

Promoting autonomy and accountability among higher education institutions in line with NEP-2020 is crucial for advancing the quality, relevance, and inclusivity of India's higher education system. By empowering institutions to operate autonomously while ensuring accountability, NEP-2020 paves the way for transformative changes in India's education landscape.

Key Words: Autonomy, Accountability and Higher Education Institutions

MULTIDISCIPLINARY APPROACH IN ENVIRONMENTAL EDUCATION UNDER NEP 2020 FOR HOLISTIC LEARNING AND TACKLING COMPLEX ENVIRONMENTAL ISSUES

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ABSTRACT

India's National Education Policy (NEP) 2020 advocates for a holistic and multidisciplinary approach to education, aiming to nurture well-rounded individuals capable of addressing complex societal challenges. In the realm of environmental education, this paradigm shift presents an opportunity to integrate diverse disciplines and perspectives, fostering a comprehensive understanding of environmental issues and solutions. This study delineates the significance of adopting a multidisciplinary approach in environmental education within the framework of NEP 2020. By transcending disciplinary boundaries, learners can develop nuanced insights into environmental challenges, considering ecological, social, economic, and political dimensions. Through interdisciplinary collaboration, educators can design curriculum and learning experiences that promote systems thinking and encourage exploration of the interconnectedness of environmental issues. Furthermore, NEP 2020's emphasis on experiential and inquiry-based learning provides avenues for students to engage directly with their environment, fostering a sense of environmental stewardship and responsibility. By incorporating hands-on activities, fieldwork, and community projects, students can acquire practical skills and cultivate a deep appreciation for nature. Moreover, the flexibility and choice afforded by NEP 2020 allow educators to tailor environmental education to the diverse needs and interests of learners. Integration of subjects such as ecology, geography, economics, sociology, and political science enables students to approach environmental issues from multiple perspectives, fostering critical thinking and empathy.

Keywords: National Education Policy 2020, interdisciplinary collaboration, systems thinking, experiential learning, environmental stewardship.

IMPACT OF KNOWLEDGE, VALUES, AND INTEGRATING TECHNOLOGY FOR AGRICULTURAL: A MULTIDISCIPLINARY EDUCATION

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ABSTRACT

In contemporary agricultural education, the intersection of knowledge, values, and technology integration plays a pivotal role in shaping the future of sustainable farming practices and rural development. This abstract explores the multifaceted impact of these elements on agricultural education, focusing on their interplay and implications for fostering a holistic understanding and application of agricultural principles.

Knowledge forms the cornerstone of agricultural education, encompassing scientific theories, practical skills, and experiential learning. A robust understanding of agronomy, soil science, pest management, and agricultural economics equips learners with the necessary tools to navigate the complexities of modern farming. Moreover, knowledge dissemination channels, such as formal education, extension services, and digital platforms, facilitate widespread access to agricultural information, empowering farmers and stakeholders across diverse socio-economic backgrounds.

Values play an equally vital role in agricultural education, shaping attitudes, ethics, and decision-making processes within the farming community. Cultivating values of environmental stewardship, social responsibility, and ethical farming practices fosters a culture of sustainability and resilience in agriculture. By instilling a deep-seated appreciation for the interconnectedness of ecosystems and the importance of preserving natural resources, agricultural education cultivates a generation of conscientious farmers committed to mitigating environmental degradation and promoting biodiversity conservation.

Integrating technology into agricultural education revolutionizes traditional farming practices, ushering in a new era of precision agriculture and data-driven decision-making. From drones and sensors for remote sensing to machine learning algorithms for predictive

analytics, technological innovations enhance efficiency, productivity, and resource optimization in farming operations. Furthermore, digital platforms and mobile applications facilitate knowledge sharing, market access, and agricultural extension services, bridging the gap between farmers and relevant stakeholders in the agricultural value chain.

The convergence of knowledge, values, and technology integration in agricultural education heralds a paradigm shift towards a more sustainable, equitable, and resilient agricultural sector. By equipping learners with the requisite knowledge base, instilling values of stewardship and ethical conduct, and harnessing the transformative power of technology, agricultural education serves as a catalyst for positive change in rural communities worldwide. As we confront pressing challenges such as climate change, food insecurity, and rural poverty, prioritizing the integration of knowledge, values, and technology is imperative for realizing a prosperous and sustainable future for agriculture.

INTEGRATING TECHNOLOGY: ENHANCING THE EFFECTIVENESS OF TEACHING AND LEARNING IN HIGHER EDUCATION

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ABSTRACT

The Digital India Campaign is helping to transform the entire nation into a digitally empowered society and knowledge economy. While education will play a critical role in this transformation, technology itself will play an important role in the improvement of educational processes and outcomes; thus, the relationship between technology and education at all levels is bi-directional. Given the explosive pace of technological development allied with the sheer creativity of tech-savvy teachers and entrepreneurs including student entrepreneurs, it is certain that technology will impact education in multiple ways. New technologies involving artificial intelligence, machine learning, block chains, smart boards, handheld computing devices, adaptive computer testing for student development, and other forms of educational software and hardware will not just change what students learn in the classroom.

Use and integration of technology to improve multiple aspects of education will be supported and adopted, provided these interventions are rigorously and transparently evaluated in relevant contexts. Integrating technology into education delivery can significantly enhance the effectiveness of teaching and learning in various ways:

Access to resources provides access to a wealth of educational resources such as online libraries, digital textbooks, educational websites, and multimedia content. This expands learning opportunities beyond traditional classroom settings and allows students to access resources tailored to their individual needs and interests.

Interactive learning enables interactive and engaging learning experiences through multimedia presentations, simulations, virtual laboratories, and educational games. These interactive tools make learning more immersive and enjoyable, catering to diverse learning styles and enhancing student engagement and motivation.

Personalized learning allows for personalized learning experiences by providing adaptive learning platforms and personalized learning pathways. Through data analytics and artificial intelligence, educational software can assess individual student needs, track progress, and provide personalized feedback and recommendations for improvement.

Collaborative learning facilitates collaboration and communication among students and teachers, regardless of geographical barriers. Online collaboration tools, video conferencing platforms, and social media platforms enable collaborative learning experiences, group projects, and peer-to-peer interactions, fostering teamwork and communication skills.

Flexibility and accessibility enhanced education offers flexibility and accessibility, allowing students to learn anytime, anywhere, and at their own pace. Online learning platforms, mobile apps, and digital resources make education more accessible to students with diverse backgrounds, abilities, and learning needs, including those with disabilities or limited access to traditional educational facilities.

Efficient assessment and feedback streamlines the assessment process and provides timely feedback to students. Automated grading systems, online quizzes, and assessment tools enable teachers to assess student learning outcomes efficiently and provide immediate feedback, facilitating the identification of areas for improvement and personalized interventions.

Professional development for educators supports professional development for educators through online courses, webinars, and digital resources. Teachers can access training materials, collaborate with colleagues, and stay updated on best practices and educational trends, enhancing their teaching effectiveness and pedagogical skills.

Cost-effectiveness may be initial investments in technology infrastructure and training, integrating technology into education can lead to long-term cost savings. Digital resources reduce the need for traditional textbooks and materials, while online learning reduces transportation and infrastructure costs associated with traditional classroom-based education.

Key Words: Integration of technology, Access to resources, Interactive learning, personalized learning, Collaborative learning, Flexibility and accessibility, efficient assessment and feedback, Professional development and Cost-effectiveness.

NEP 2020: Using the Mother Languages in Higher Education

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ABSTRACT

The announcement of NEP 2020 was purely unexpected by many. The changes that NEP 2020 has recommended were something that many educationists never saw coming. Though the education policy has impacted school and college education equally, this article mainly focuses on NEP 2020 and its impact on Higher Education and also focuses on promotion of Indian Languages. To ensure the preservation, growth and vibrancy of all Indian Languages, NEP recommends setting up an Indian Institute of Translation and Interpretation (IITI) National Institutes for Pali, Persian, and Prakrit, strengthening Sanskrit and all language departments in HEIs, and use mother tongue/local language as a medium of instruction in more Higher Education Institution (HEI) programs. Mother tongue is the language that people have grown up speaking since their early childhood. It is the form of communication that a person is most accustomed to. The National Education Policy, 2020 attempts to bring changes in many educational areas and one of them is the medium of instruction in which education will be provided in primary schools. According to this policy, all schools will teach students up to class 5 in their mother tongue. The findings of this study are supposed to show that by adding mother tongue in syllabus, dropout rate would decrease as the student's confidence would increase and he or she would be motivated to continue with their education. Additionally we expect results to show that due to addition of mother tongue, children understand their curriculum in a better way. The conclusions must show how addition of mother tongue may help primary school teachers, as many of them struggle to communicate in English and are therefore unable to impart as much knowledge as they would like to, leading to a knowledge gap. It is therefore the medium of communication that a person is most familiar with. This familiarity can be used for providing education, though this is not what happens. What we see all around the world is the use of either a major commercial language or a colonial language as the medium of instruction in schools. This has been seen in India also with the share of English as a school language increasing

continuously. The students in India therefore have remained aloof from the benefits that come with being educated in their mother tongue. This though now has been taken care of with the help of National Education Policy, 2020. Mother tongue is the language that a child gets to hear after birth and helps give a definite shape to our feelings and thoughts. Learning in the mother tongue is also crucial for improving other critical thinking skills, second language learning and literacy skills.

Keywords: Academic success, Boosting self-esteem, and Facilitating cognitive development

NEP 2020: ENABLING DYNAMIC LEARNING ENVIRONMENTS THROUGH FLEXIBLE CURRICULUM AND PEDAGOGY

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ABSTRACT

The National Education Policy (NEP) 2020 is enacting a paradigm shift in the Indian education system, with an emphasis on a dynamic learning environment. In this paper, we will explore how NEP 2020 focuses on the implementation of flexible curriculum and pedagogy to promote holistic development and adaptability among students by analyzing its key elements. The policy's emphasis on multidisciplinary education, skill development, and digital integration encourages a holistic approach to education. By promoting a learner-centered approach and leveraging technology, NEP 2020 paves the way for personalized and experiential learning. By integrating modern teaching methods, interdisciplinary approaches, and technology-enabled learning, NEP 2020 aims to create a conducive environment for lifelong learning and skill development. In this paper, we present the potential impact of NEP 2020 on changing educational practices in India through qualitative research methodology.

Keywords: National Education Policy 2020, dynamic learning environments, flexible curriculum, pedagogical innovation, digital literacy.

THE ROLE OF PATRIOTIC SONGS IN THE FREEDOM MOVEMENT OF INDIA: A LEARNING PROCESS

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ABSTRACT

The British have ruled our country for almost 200 years. Disgusted by the exploitation, oppression and tyranny of the British, the Indians also carried out innumerable movement. Songs have made important contributions behind this movement. In other words, it can be said that Bengali songs have given a great impetus to the independence movement of India. Bengali literature and song have sown the seeds of patriotism in the minds and hearts of every Indian. Nationalism and music thus have had a symbiotic relationship in which they have sustained each other as well as used the other as a tool of expression. There have been changes in the forms of both music and nationalism but the umbilical ties between the two have never been cut. It is true that there is a timeless appeal in patriotic songs which make them popular even beyond the context but the search for their source brings in interesting dimensions. Therefore the researcher has made an attempt to analyze the contributions of the songs in the development of nationalism which influenced the freedom movement.

Keywords: Bengali Literature, Freedom Movement, Bengali Songs, British.

A STUDY ON: YOGA PHILOSOPHY AND ITS IMPORTANCE IN DAILY LIFE

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ABSTRACT

In the era of global warming, human society has become completely machine dependent. Individual life has changed dramatically with the touch of modernity; this change has taken place at the physical, mental, cultural, social and spiritual level. This change was observed in all ages eight to eighty. The aim of this presentation is how yoga education can spread neutral thinking in the minds of the youth and the entire human society in today's society. In the current education system, the main goal of education is to acquire moral knowledge, as a result, educational institutions create negative pressure on students, and this pressure disrupts the mental and physical health of students.

Yoga philosophy is one of the most influential philosophies in Indian spirituality. Maharishi Patanjali is the originator of this philosophy, According to Yoga Shastra, Yogi is the way to gain knowledge and relieve suffering. According to Yoga Shastra, the bonds of the soul can be released through the knowledge of conscience and through the practice of yoga, conscience is gained.

Yoga is the life force of life. Derived from the Sanskrit word 'yuj', yoga means the union of the individual with the universal. Yoga does not mean exercise; it is the method of developing the order of body, mind and soul that reaches the level of samadhi. Yoga means the joining of the ends with the origin. One of the best aspects of Yoga Sadhana is that it is beneficial and energizing for any person, healthy or weak, regardless of age or physical condition. All that is required is enthusiastic participation. In the practice of any yoga philosophy, man gradually transcends his external rigidity and mechanics. Ultimately, yoga philosophy merges with it and settles deep within one's being. Yoga is never forced. Different people benefit from yoga in different ways.

Key words: Yoga, Human society, Exercise, Thinking, Ideal people, Personality.

A CRITICAL STUDY ON: IMPACT OF E-LEARNING IN DAY TO DAY LIFE DURING COVID-19 PANDEMIC SITUATION

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ABSTRACT

E-learning has become an integral part of modern-day life, significantly impacting various facets of daily routines and societal dynamics. Economic and educational disruptions on an unparalleled scale resulted with the outbreak of COVID-19, potentially the greatest pandemic in history. There was a severe student rights issue precipitated by the epidemic, with all service sectors profoundly affected and the most underprivileged being disproportionately affected by it. Students, families, and the educational system are all taken into account while examining the immediate repercussions of school closures and reopening. Study in this area is aimed at gaining a better understanding of pandemic responses and measuring their efficacy. It focuses on the most vulnerable populations, who will bear the brunt of the pandemic's effects, in an effort to better understand the contextual elements that have aided or hampered their ability to learn. For all students, but especially for those with disabilities, the corona-virus epidemic swiftly mandated digital learning, which brought with it a host of obstacles.

The words "E" and "learning" combine to form the term "E-learning." Electronics is denoted by the letter "E," while learning is the relatively permanent behavioral change brought about by experience. Computer-based learning is referred to as electronic learning, or e-learning. Information and communication technologies, the internet, CDs, DVDs, and other media are all used in the teaching and learning process in e-learning. Numerous technological applications, including audio and video tape, television, PDF, etc., are used in e-learning. Online and computer-based learning are commonly referred to as "e-learning." E-learning, according to Saroha (2013), is the application of information technology in a methodical manner while incorporating the concepts of learning. E-learning supports the conventional educational system.

Modern e-learning is influenced by social media, YouTube, and Massive Open and Online Courses (MOOCs). People and businesses are seizing the chance to use these many resources to exchange knowledge and grow with one another.

Key words: E-learning, Corona-Virus, Computer-Based-learning, Internet, Social Media, MOOC.

ENHANCING THE QUALITY OF TEACHING AND LEARNING AS PER NEP-2020

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ABSTRACT

The teaching and learning process can be characterized as the transition of knowledge from teachers to learners. It is defined as the integration of various factors in the process by which an educator identifies and establishes learning objectives, develops teaching resources, and implements the teaching and learning approach. Teacher quality is an essential element in every school that improves student attainment as well as an important factor contributing to student learning. On the other hand, learning is a critical component that a teacher must consider when instructing children. The National Education Policy (NEP) 2020 introduces several key strategies to enhance the quality of teaching and learning in India. In comprehensive teacher training programs to equip educators with modern pedagogical techniques, subject knowledge, and skills in using technology for teaching. It should be emphasized to keep teachers updated with the latest trends and research in education. Choice of language for instruction, particularly in the early years of schooling, to promote better comprehension and cognitive development among students. Encourage the use of multilingualism to preserve cultural diversity and facilitate learning in diverse linguistic contexts. And foster collaboration between schools, parents, communities, and other stakeholders to create a supportive learning environment. The paper focuses on trends in quality of curriculum change, enabling teachers and promotes inclusivity and improve the faculty and student academic performances including enhance the teaching and learning resources. The research findings will enable to help enhance the quality of curriculum change, enabling teachers and promotes inclusive teaching and learning environment to improve the learner's expectation and academic performance.

Keywords: Teaching; learning; National Education Policy (NEP) 2020; Quality of Curriculum change; Enabling Teachers; Promotes inclusive Teaching and Learning environment.

EFFECT OF STUDY HABIT IN ACADEMIC ACHIEVEMENT IN RELATION TO META COGNITIVE SKILL IN SECONDARY SCHOOL STUDENTS

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ABSTRACT

The title of the present study is Effect of Study Habit in Academic Achievement in Relation to Meta Cognitive Skill in Secondary School Students. The objectives of the study are to identify the relation between metacognitive skill and academic achievement in secondary school students, to identify the relation between habit pattern and academic achievement in secondary school students, to identify the difference between boy and girl students in academic achievement in reference to metacognitive skill and habit pattern. The study is conducted by causal comparative study of descriptive research method. Two self-made questionnaires, (Habit and Metacognitive skill) is constructed and standardized by researcher for this study. We find out the significant correlation between metacognitive skill and academic achievement in secondary school students. Significant difference between boy and girl students in academic achievement in reference to metacognitive skill and habit pattern’.

EFFECT OF MEDITATION ON ACADEMIC ACHIEVEMENT IN RELATION TO ATTENTION: ENHANCING THE QUALITY OF LEARNING

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ABSTRACT

The present study focusses on Effect of Meditation on Academic Achievement in Relation to Attention of Higher Secondary School Students. The objectives of the study are to identify the relation between meditation and academic achievement of higher secondary school students, to identify the relation between attention and academic achievement of higher secondary school students, to determine the different between boy and girl students academic achievement in reference to mediation and attention. 200 sample is selected randomly from 10 schools in West Bengal. A causal comparative study of descriptive research method was applied for this study. Three self-made questionnaires, (Attention, Meditation and Academic Achievement) is constructed and standardized by researcher for this study. The data analyzed by descriptive statistics, graphical presentation and the difference between two variables calculated by t-test. The study can identify the relation between meditation and academic achievement, the relation between attention and academic achievement, different between boy and girl students' academic achievement in reference to mediation and attention.

ENHANCING THE QUALITY OF TEACHING AND LEARNING IN THE LIGHT OF STUDENTS PSYCHO-SOCIAL ENVIRONMENT IN EDUCATION

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ABSTRACT

The said work has been done to explore or identify the role of psychosocial environment of students in education. The work has one main purpose; which is to determine the relationship of educational psychosocial environment among students in educational psychosocial environment between male and female students. Two hypothesis have been formed for the said work. The first is that educational psychosocial environment doesn't correlate among students in different categories. The second is that there is no significant difference in mental environment between students of different categories. Data were collected through combined question sets of 10 questions from 200 sample in four departments at undergraduate and postgraduate level. Descriptive statistics, graphs and coefficient of correlation were calculated using Microsoft Excel. Based on the results of the work, it can be said that there is a significant difference in the role of educational psychosocial environment among male and female students of different categories, And some department have positive coefficient of correlation and negative coefficient of correlation between undergraduate and postgraduate level. Finally it can be said that the role of psychosocial environment of students in education determines the future of students.

Keywords: Quality of Teaching, Quality of learning, Psycho-Social Environment.

IMPACT OF ARTIFICIAL INTELLIGENCE ON EDUCATION

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ABSTRACT

Nowadays, AI is the most common element in all sectors, also in the education field. Students and teachers are benefiting from these AI tools and the management and administration of institutions. There are many tools for AI, and with the help of these kinds of tools, students are getting more advantages in their learning. So various countries are using this new technology to improve their educational systems. It is launch specifically AI courses for studies so they can adjust to this new innovation and play a key role in upcoming days. But there are some ethical issues with using this technology, and in this regard, necessary steps are taken by the governments of those countries. But AI is the most powerful technology for growing every country, so there is a need to meet with this technology for students & learning purposes. This paper discusses how artificial intelligence impacts our education system.

Key words: Artificial intelligence, tools of AI, the present scenario of AI.

IMPROVING LEARNING QUALITY IN HIGHER EDUCATION IN THE LIGHT OF NEP-2020.

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ABSTRACT

National Education Policy a comprehensive program in favour of modernization of education system of the country. NEP-2020 class is an innovative and visionary proposal with both positive and negative aspects. The aim of this research proposal is to investigate the improving learning quality in higher education in the light of NEP-2020. It can help to drive progress and create a better future for all. So, it is ominously required to not only maintain but also consistently enhance the education quality of higher educational institutions for the betterment of the individual and society as a whole. The method through which our project in carried out is descriptive method and simple random sampling. The implementation of the policy will be very difficult but significant improvements in quality of life can be made possible through flexibility in the right lifelong learning and training, which leverages skills, experience, quality of education and robustness of fragmented labour markets into better opportunities and employment in future.

Key wards: Learning quality, lifelong learning & Learning flexibility

STATE OF MIND AND LEARNING PROCESS: ENHANCING THE QUALITY OF TEACHING AND LEARNING

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ABSTRACT

The state of mind of both students and educators plays a crucial role in the learning process and can significantly impact the quality of teaching and learning. Enhancing the state of mind can improve teaching and learning.

Cultivating mindfulness and present-moment awareness among both students and educators can enhance focus, attention, and engagement in the learning process. Mindful practices such as deep breathing, meditation, and mindful listening can reduce stress, increase emotional regulation, and improve cognitive function, leading to a conducive learning environment.

Promoting a positive mind-set and emotional well-being fosters a supportive learning environment where students feel safe, valued, and motivated to learn. Positive psychology interventions such as gratitude exercises, strengths-based approaches, and growth mind-set strategies can enhance resilience, optimism, and self-efficacy, leading to greater academic success and well-being.

Developing emotional intelligence skills such as self-awareness, self-regulation, empathy, and social skills can improve interpersonal relationships, communication, and conflict resolution in the classroom. Educators who model emotional intelligence create a nurturing and inclusive learning environment where students feel understood, supported, and empowered to learn.

Cultivating a growth mind-set among both students and educators promotes a belief in the potential for growth and learning through effort, practice, and perseverance. Emphasizing the value of learning from mistakes, seeking challenges, and embracing feedback fosters a culture of continuous improvement and resilience in the face of setbacks, enhancing the quality of teaching and learning.

Fostering intrinsic motivation by tapping into students' interests, passions, and curiosity promotes active engagement and deep learning. Providing meaningful and autonomy-

supportive learning experiences that align with students' values and goals enhances intrinsic motivation and satisfaction with the learning process.

Encouraging creativity and innovation in teaching and learning stimulates critical thinking, problem-solving, and exploration of new ideas. Creating opportunities for open-ended inquiry, project-based learning, and creative expression fosters a culture of experimentation, curiosity, and intellectual curiosity, enhancing the quality of teaching and learning.

Cognitive Engagement: Promoting cognitive engagement through active learning strategies such as collaborative learning, discussion-based activities, and hands-on experiences deepens understanding and retention of course material. Providing opportunities for students to apply knowledge, make connections, and construct meaning leads to more meaningful and transformative learning experiences.

Encouraging reflection and metacognition enhances students' ability to monitor, regulate, and improve their learning process. Engaging students in reflective practices such as journaling, self-assessment, and peer feedback promotes deeper understanding, self-awareness, and self-directed learning skills, enhancing the quality of teaching and learning.

Overall, enhancing the state of mind and learning process promotes a positive and conducive learning environment where students are motivated, engaged, and empowered to reach their full potential, ultimately improving the quality of teaching and learning.

Key Words: Mindfulness and presence, Positive Psychology, Emotional Intelligence, Growth Mindset, Intrinsic Motivation, Creativity and Innovation, Reflection and Metacognition.

WOMEN EMPOWERMENT IN THE LIGHT OF NEP 2020: A DETAILED STUDY

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ABSTRACT

Gender equality and empowerment are pivotal aspects of any society striving for progress and inclusivity. By incorporating a comprehensive vision, the NEP 2020 aims to address the prevailing gender disparities and empower all individuals, irrespective of their gender identities, to fully participate in and benefit from the education system. The study explores the role of India's National Education Policy 2020 (NEP 2020) for women empowerment. It provides historical context, highlighting the gradual progress of women's rights in India, while also addressing persistent challenges like gender-based violence, the wage gap, and educational disparities. Furthermore, the research identifies gaps and challenges in the implementation of the NEP 2020 concerning gender equality and women's empowerment. These include issues of policy translation into practice, capacity-building of educators, and monitoring mechanisms for assessing progress. Based on the findings, the article provides recommendations for enhancing the effectiveness of the NEP in promoting gender equality and women's empowerment in the education system. These recommendations encompass areas such as policy implementation strategies, teacher training programs, curriculum development, and the involvement of stakeholders and civil society organizations.

TEACHING LEARNING OF HISTORY: A METHODOICAL STUDY

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ABSTRACT

Few educators would deny the need to teach history in our secondary schools, colleges, and universities. History involves what people have done and created in the past. It includes politics, religion, leisure and social activities, and day to day life. As humans, we should recognize history as an integral part of our lives. This makes history teaching a challenge for anyone considering this Profession. Recently, however, it seems as though history sometimes takes a "back seat" to other social sciences (like economics and political science). There is a great need to teach history teachers how to teach. This paper deals with the different methods that can be adopted effectively in the classroom transaction of History. This includes the traditional as well as modern methods adopted by the History Teachers. Generally teaching methods are adopted to transact the curricular materials to students. The purpose of adopting each and every methods will be clear to educational practitioners. It is aimed to create certain desirable changes of behaviour through the transaction of Knowledge in History.

Keywords: Secondary Schools, History, Teaching, Learning.



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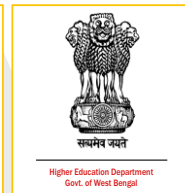
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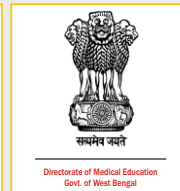
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