



বিদ্যাসাগর বিশ্ববিদ্যালয়  
**VIDYASAGAR UNIVERSITY**  
**Question Paper**

**B.Sc. Honours Examinations 2022**  
(Under CBCS Pattern)  
**Semester - VI**  
**Subject : NUTRITION**  
**Paper : C 13 - T**  
**Dietetics and Counselling**

**Full Marks : 40**

**Time : 2 Hours**

*Candidates are required to give their answers in their own words as far as practicable.  
The figures in the margin indicate full marks.*

**Group-A**

- A. Answer any **four** of the following questions : 5×4=20
1. Discuss on diet counselling plan for obesity. 5
  2. What do you mean by Memory? What are types of Memory? 1+4
  3. Write the difference between bar diagram and column diagram. Write about effective nutrition therapy for prevention & treatment of Diabetes. 1+4
  4. What are the principles of counselling? What are the characteristics of a good counsellor? 2+3
  5. Write short note on stage-1 counselling skill. 5
  6. Mention the benefits of Ayurveda. What is naturopathy? 4+1

**Group-B**

Answer any *two* of the following questions :

10×2=20

7. Write the functions of software in the field of nutrition and dietetics. What are the main purposes for using of computers by dietician? Write the names of few software package related to nutritional analysis with its one specific application? 3+3+4
  8. What are the factors affecting emotion of a person? What are the different types of Motivation? What do you mean by Illusions & hallucination? 4+4+2
  9. Discuss the purpose of preparation of teaching aids by dieticians for patient suffering from digestive disorders? Write about humanistic approach in counselling. 5+5
  10. “Dietician acts as a part of medical team and research team”—justify the statement. Write about biological determinates of food choice. What are the specific goals of Medical Nutrition Therapy (MNT)? 4+3+3
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