



বিদ্যাসাগর বিশ্ববিদ্যালয়
VIDYASAGAR UNIVERSITY

Question Paper

B.Sc. Honours Examinations 2021

(Under CBCS Pattern)

Semester - VI

Subject: NUTRITION

Paper : C 13-T & P

Dietetics and Counselling

Full Marks : 60 (Theory-40 + Practical-20)

Time : 3 Hours

Candidates are required to give their answers in their own words as far as practicable.

The figures in the margin indicate full marks.

[Theory]

Answer *any two* of the following:

2×15=30

1. What do you mean by diet counselling? Write the objectives of diet counselling. Discuss the basic sequences of diet counselling? Why behaviour modification is important for client/counsellor during dietary counseling? 2+3+5+5
2. Write short note on stage -1 counselling skill-genuineness and concreteness? Write about the different ways of emotional expression? What are the ethical principles of counseling? 5+5+5
3. Write the different types of learning process. What do you mean by the term “forgetting”? Discuss the causes. 5+5+5

4. What is the importance of counselling in community level? What is the importance of counselling in hospital? Discuss about the different teaching aids those are used by dietitians? What do you mean by rapport building skill?

4+4+5+2

Answer *any one* of the following:

1×10=10

5. What are factors affecting attention of a person? What are the different types of learning?

5+5

6. What is the role of ayurveda? Write the responsibilities of a nutrition counsellor.

5+5

[Practical]

Answer *any one* of the following:

1×20=20

7. Prepare any teaching aid for obesity in school children. 20
8. Write the steps to plan a project on any disease. 20
9. Prepare a case history report of a patient suffering from diabetes. 20
