PG CBCS

M.SC. Semester-II Examination, 2021 NUTRITION & DIETETICS

PAPER: NUD 201

Full Marks: 40 Time: 2 Hours

Write the answer for each unit in separate sheet

UNIT-13

Nutrition through Life Cycle

Answer any **TWO** questions from the following:

2X10=20

- 1. How maternal malnutrition causes fetal growth retardation? Why BMR increases during pregnancy? Write the role of essential fatty acids in pregnancy.

 4+3+3
- 2. Discuss about the hormonal regulation of lactation. Write the different stage of lactation.

 5+5
- 3. Why human milk is preferred over cow's milk during infancy? Why malted grain is a good food supplement for weaning? Write the name of low-cost supplementary foods developed in India.

 5+3+2
- 4. Write the sensory and gastrointestinal changes occur with aging? Why osteoporosis is common in old age people? How osteoporosis can be managed clinically in old age people?

 5+2+3

UNIT-14 Growth and Development

Answer any TWO questions from the following:

2X10=20

1. What is Prenatal growth? Discuss about the different stages of prenatal growth.

2+8

- 2. State briefly about the determinants of growth and development. What are the differences between growth and development?

 6+4
- 3. Discuss the changes in body composition noted under different life stages.

 Why we should assess body composition?

 6+4

(P.T.O.)

(2)

4. What do you mean by preterm birth? Classify preterm baby according to gestational age. What are the factors responsible for preterm birth and state the complication of pre-term baby.

2+4+4
