



বিদ্যাসাগর বিশ্ববিদ্যালয়
VIDYASAGAR UNIVERSITY

Question Paper

B.Sc. Honours Examinations 2020

(Under CBCS Pattern)

Semester - III

Subject : NUTRITION

Paper : C 7-T & C 7-P

Basic Dietetics

Full Marks : 60 (Theory-40 + Practical-20)

Time : 3 Hours

Candidates are required to give their answers in their own words as far as practicable.

The figures in the margin indicate full marks.

[Theory]

Answer any *two* questions from the following :

2×20

1. Explain the term 'Dietitian'. Describe the types and role of 'Dietitian' of each type. How do you modify a regular diet into therapeutic diet? Describe parenteral feeding process.
2. What are the causes of constipation? What kind of diet is prescribed for a constipated patient? What is diabetes mellitus? Discuss its clinical findings. Describe its dietary management.
3. Explain the term CVD. Describe its dietary management. What is 'Drug-Nutrient interaction'? How do nutrients affect drug intake?
4. What is allergy? How is it diagnosed? Explain the role of elimination of diet in the management of allergy. What is ARF? What is the kind of diet provided during this time? Explain the term 'Anorexia Nervosa'.

[Practical]

Answer any *one* question from the following :

1×20

1. Plan and prepare a clear fluid diet. Prepare a diet chart for a patient suffering from PUD.
2. Prepare a medium cost diet for an adolescent girl suffering from iron deficiency anaemia. Prepare a diet chart for a hypertensive patient.
3. Plan and prepare a diet chart for nephritis patient.

Vidyasagar University